



## Cyclone Heart Aiki Kenpo Ju-Jutsu

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### Invitational Competition Announced for September 2011!!

- Venue: Hills District PCYC
- Date: September the 11<sup>th</sup>
- Start Time: Juniors 9:00am, Seniors Midday.

Well, it's that time of the year again! You will have heard Sensei Tammy and I going on about the competition and no doubt training hard for the big day! As those who have participated in past years will attest, this is a great day out, with some awesome traditional Ju-jutsu on display.

**This is the *only* competition of this type in this part of the world. We run it for our members every year and as anyone who has been to one can tell you, the benefits for your Ju-Jutsu training are enormous: Win, lose or draw.**

### Nomination:

I, \_\_\_\_\_

hereby nominate for the 2011 Aiki Kenpo Jujutsu Invitational Competition.

Please find attached my payment of \_\_\_\_\_,

Being for (please tick)

- Junior
- Senior

My details are as follows:

Age: \_\_\_\_\_

Rank: \_\_\_\_\_

Weight: \_\_\_\_\_

Signed (by parent/ caregiver if under 18 years old)

\_\_\_\_\_

The Competition rules are available online at [www.aikikenpojujutsu.com](http://www.aikikenpojujutsu.com)

Or phone 3886 2647 or 0400119340